

November 20, 2023

Report on the "Aomori Street Handball Experience in 2023"

Place: Aomori Prefectural Aomori Commercial High School Gymnasium

2. Date: October 1, 2023 (Sun.)

Lecturer: Street Handball Japan President: Hiroyuki Watanabe

Street Handball Japan Director: Daisuke Yamauchi

Street Handball Japan Aomori Branch Director: Shota Fujimoto

Participants: 15 elementary school students

Junior high school students: 8

High school students: 11

11 High school students

Total: 41

5. Purpose of the workshop

- (1) Understanding the philosophy of street handball
- (2) Understanding of the rules and methods of implementation
- (3) Activities to promote handball

6. Course Schedule

13 : 00 (Registration)

13 : 30- (Opening ceremony)

13 : 40-14 : 05 (Preparation exercise, tag, etc.)

14 : 10-14 : 40 (Catching the ball, shooting practice, rules explanation)

14:40-15:30 (Games for elementary division, middle and high school students,

and adult division)

15:30-15:40 (Demonstration adult vs. adult games)

15:40- (Cool down)

15:45- (Closing ceremony)

15 : 50- (End of hands-on experience)

7. report and critique

This time, we decided to hold a hands-on event in Aomori City at short notice due to the cancellation of the "North Japan Street Handball Fest in Hanamaki". We received enthusiastic support from the chairman of the board and were able to hold the event with the full cooperation of the Aomori Prefecture Handball Association. 41 people gathered in spite of the announcement one week before the event. Among them were elementary school students who belong to the Aomori City Sports Boys Club and Nobechi Little Guts, who came to experience the game. A junior high school teacher, Mr. Masayuki Yagita, and students from his class also came, as well as children who had experienced the game in class and elementary school students who had never heard of handball. The female handball team members and manager of Aomori Commercial High School were involved in preparing the venue for the event, and later participated in the hands-on experience. A young elementary school teacher who wanted to study street handball this time and a person who runs a general sports club also participated. Mr. Suwa, the president of the association, also came to encourage the participants.

During the hands-on experience, the participants were taught various new approaches to the game,

such as forming pairs of five players and playing a tail-catching game with a twist, with four players holding hands in a hand-holding situation, and playing catch with shoulders that are not normally used, as if lifting a ball.

When we played a game of street handball, some participants were confused at first by the unique rules of street handball, such as passing the ball to everyone and shooting after everyone crosses the half line, but they gradually got used to it and enjoyed communicating with each other by shouting in teams and taking tricky. There were many signs of enjoyment as they tried to get a shot off. Junior high school students, high school students, and adults formed mixed teams, and all generations were seen enjoying themselves together in one game. In addition, elementary school students from small children were able to shoot at the handmade shooting game goal that Chairman Watanabe had brought with him. At the end of the game, an exhibition game was held with a team of working adults, showing sky shots, tricky shots, and fast pass work, etc. The children were very excited to watch the game.

In his closing remarks, Chancellor Watanabe said, "Sports is something that makes everyone smile," and we learned once again that sports are something to be enjoyed and make people smile. The advisor of the Aomori Commercial High School girls' handball team said, "I was able to learn a new form of handball. I was impressed by the way everyone, including the manager, played handball with smiles on their faces." I was impressed by the way everyone, including the manager, played handball with smiles on their faces. After the trial session, we received comments such as "It was fun," "I would definitely like to play again," and "Handball is a fun sport."

This is a report on the Aomori street handball experience meeting in Aomori City, Aomori Prefecture.

Reported by Shota Fujimoto, Aomori Branch Manager



To communicate tailgating game



Use Goal Shooting Game



Exhibition games (for working people)



Elementary School Games



group photo